

*Belle-île*  
en-MER

BRETAGNE



The Tourism Office's Holiday recommendations to...

... Make the best  
7 days of  
in Belle-île-en-Mer

## *Saturday: Welcome! It's time to switch to island mode.*

Once you've unpacked, head straight to one of Belle-Île's 58 beaches to dip your toes in the water! Families will love Kérel and Herlin beaches (Bangor), Ster Vraz (Sauzon), Grands Sables (Locmaria), and Bordardoué (Le Palais). Thrill-seekers should check out Donnant Beach, while romantics can escape to one of the many secluded coves tucked away from view.

## *Sunday: Market day and the Grand Phare climb*

### **Morning :**

After breakfast, dive into the local scene at Bangor's Sunday market — THE place to be on a Sunday morning. Pick up fresh vegetables, fish, cheeses, rotisserie delights, and galettes, perfect for a picnic feast!

### **Afternoon :**

Visit the Grand Phare de Belle-Ile, one of the most powerful lighthouses in Europe. From the outside and/or after climbing the 247 steps of this stone giant, discover the most breathtaking view of Belle-Ile! After the climb, it's time to relax and enjoy the beach!

### **Evening :**

End your day at the Aiguilles de Port Coton, famously captured by Claude Monet, and take in a sunset you won't forget!



## *Monday: The Great Sarah Bernhardt has been expecting you!*

### **Morning:**

Head to Sauzon, a charming and picturesque fishing port, often hailed as one of the most beautiful in Southern Brittany. Stroll along its delightful promenade before setting off on the GR340 hiking trail towards La Pointe des Poulains (5.5km – about 2 hours). This leisurely walk, free from major difficulties, offers stunning views of wild coves, hydrangea groves, and an endless horizon of sea.

### **Afternoon :**

To better understand and appreciate the island's natural riches, visit the Maison du Littoral, an educational and fun place that's not to be missed! Next, enter the elegantly restored fortress belonging to the tragedienne Sarah Bernhardt, to immerse yourself in the delicate atmosphere of the early 20th century. Tide permitting, the tour ends at the Phare des Poulains, which houses an exhibition on marine and terrestrial biodiversity. (closed in winter)

## *Tuesday: Locmaria, feels like the South...*

### **Morning:**

Head south to Locmaria, home to the island's oldest religious building, the Église Notre-Dame-du-Bois-Tors. Explore the village and its surroundings, where local artists and craftspeople welcome visitors into their workshops. Wander through the quaint streets of the village centre to admire its charming stone houses, then make your way to the Pointe du Skeul, offering a breathtaking panorama of the ocean.

### **Afternoon:**

Follow the coastal road to Plage des Grands Sables, with its 2km stretch of golden sand. Why not try your hand at paddle boarding? Later, continue along the coastal road to Belle Fontaine to round off your day.



## Wednesday: Discover some more every day...

### Morning:

Embrace your inner Breton and explore Belle-Île from the sea! Hop aboard with experienced and passionate skippers for a boat excursion. The protected Marine Area is home to rare flora and fauna. Glide into secluded coves and marvel at the island's unique maritime landscapes.

### Afternoon:

Pay a visit to *Le Chtal*, the island's reuse and upcycling association, where you might just uncover some hidden treasures. (Open every morning during summer.)

### Evening:

Stroll along the quays and streets of Palais after eating out in one of the restaurants or takeaways... And to finish off the evening, the bars are often lively, so don't hesitate to drop in. (*night market on Wednesdays in summer*).



## Thursday: A gentle day...

### Morning:

Discover Le Palais, the island's quaint capital, with a heritage walk through the town centre and its urban fortifications. At the far end of Le Palais harbour, you'll find Fluid, a glass blower's workshop and boutique, where you can witness skilled artisans at work.

### Afternoon:

How about a trip into the heart of the hive? Quentin Le Guillou, a local beekeeper, will introduce you to Belle-Île's Abeille Noire (the European dark bee), a stunning yet fragile endemic species. Dive into the fascinating world of bees, topped off with a honey tasting session and other products from the hives!

## *Friday: Clifftop to beach, along the GR 340*

### **Morning:**

Equipped with your best walking shoes and loaded with zero-waste picnic boxes, embark on a 100% nature-filled adventure.

Head towards Bangor, at the heart of the island and walk along the Stang Per valley trail, a serene escape surrounded by lush vegetation and the soothing soundtrack of birdsong! Your journey leads to Kérel beach... Will you be able to resist its crystal-clear waters?

### **Afternoon:**

Once your picnic has concluded, continue along the GR340 towards Herlin beach. This relatively challenging hike, with its significant elevation changes, is undoubtedly one of the most stunning routes along the coastal path. The breathtaking landscapes unfold one after another, with the ocean stretching endlessly before you. By late afternoon, you'll arrive at Herlin beach, ready for some well-deserved rest!

## *Saturday: day of departure: Souvenirs and a bit of shopping*

Market Day at Le Palais! Treat yourself to 100% local products: biscuits, preserves, niches, chocolates, clothes, beer, or whisky.

Don't forget to stop by the Tourist Office to share your ideas and suggestions, and to pick up some exclusive documentation and boutique souvenirs.

Enjoy a final ice cream by the harbour, and just like that, it's time to leave... Safe travels, and see you again soon!



# *The Tourism Office, your best ally for preparing and fully savouring your stay in Belle-Île!*

A remarkable island!!

On this page:

- How to get to Belle-Ile
- Must-see landmarks' opening hours and introductions
- "Belle Ile in all seasons", things to do in all 4 seasons

*Our team welcomes you year round!*

*Monday through Saturday, and Sunday mornings in summer*

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